

The Tide

Los Rios District Newsletter



February 2019

Calendar Items:

- **March 21—Spiritual Growth Retreat in Petaluma**
- **March 30—Deadline for 2019 Census Info**
- **April 17-19—Western Jurisdictional Quadrennial Meeting Tempe, AZ**
- **April 25—Conference Social Action Event SJ UMC in Sacramento**
- **September 19—Los Rios Annual District Celebration - Easter Hill UMC in Richmond**
Speaker: Sam Kaufman

Spiritual Growth Retreat

Saturday –March 21, 2020

Registration: 8:45 to 9:15 am
Program: 9:15 to 2:30 pm
\$20 in advance | \$22 at the door

Facilitator: Jo Ann Neish

We are delighted to have Jo Ann leading the March 21st Spiritual Retreat at Petaluma UMC. Jo Ann is the Fusion Worship leader at Napa Methodist Church. She loves God, follows the ways of Jesus and listens for the whispers of the Holy Spirit. With experience in traditional and contemporary Christian music, JoAnne has been a worship leader in five churches (where she and her pastor husband have served), and music and wor-



*Theme for 2020
'Fill My Cup, Lord'
John 4:13-15*

ship leader for Mission u, UMW retreats, and the Walk to Emmaus.

Jo Ann has a passion for worship and music. Her experience brings her into circles of churches and conferences where she discovers more of herself in God's light and where she strives to help others discover more of who they are in Christ. She is a tremendous leader and brings fresh enthusiasm to each event.

If you haven't already registered, the Los Rios District has both a PDF form you can download or an electronic form for you to register on line.

www.losriosumw.org

2019 Census Due—Deadline March 30, 2020

Filling out the Census form is pretty easy. Go to

www.unitedmethodistwomem.org/census2019

Fill in your church's zip code on the first line and your church name, District, and Conference will come up and you click on it. (It is important to use the zip code—not the name or address.) You are now ready to answer the rest of the questions. When you are done, hit 'submit.'

If everything has been filled out, you

will get a "You Have Completed the Census" message.

Thank you for filling out the census and our goal is to have as close to 100% participation as possible.

if you have any questions or need help, please contact your District Membership, Nurture & Outreach officer or Maybelle Henry, Conference MN&O at henry1790@surewest.net